

To Our Guests and Visitors about Receiving Holy Communion:

1. **In Orthodox churches, Holy Communion is given to and received only by members of the Orthodox Church (the baptized and chrismated who strive to live in repentance, faith, and godliness).**
2. **One must properly prepare to receive Communion, and there are negative consequences for improper reception. Also, the Priest administering Communion is responsible for the well-being of those receiving Holy Communion (see 1 Cor. 4:1-2; 11:27-32; Heb. 13:17).**
3. **If you are non-Orthodox, please speak with Fr. Jonathan after Liturgy without approaching the Chalice. If you are Orthodox, please introduce yourself to Fr. Jonathan, if possible, prior to the Liturgy, otherwise, at the Chalice.**

Prayers of Holy Oblation are offered for the Health of:

| | | | | |
|-------------------|-----------------|-------------|---------------|---------|
| Archprst. Stephen | Archprst. Elias | Mat. Marion | Dn. Michael | Irene |
| Laurie | Rose | Barbara | Tanya | Thomas |
| Kristi | Nina | Diane | Kevin | Cody |
| Nicole&Noelle | John | Athanasios | Mary Patricia | Frances |

Prayers of Holy Oblation are offered in Memory of:

| | | | |
|-------------------|--------------|-----------|------------------|
| Archbp. Paul (ND) | Georgia (ND) | Anne (ND) | Anastassios (ND) |
| Alexander (ND) | Angela | Stacey | |

May Birthdays

| | | |
|-----------------------|-------------------------|----------------------------|
| Aubrey Roth (5/2) | Radica Koutselas (5/14) | Fr. Stephen Plumlee (5/25) |
| Ian Stefanescu (5/31) | | |

St. Mark is a Parish of the OCA Diocese of the South under the leadership of Metropolitan Tikhon and Archbishop Alexander. Our mission is to be a spiritual home to all who enter; to be a Christ-like community of Orthodox Christians; to be active in worship, fellowship, and witness, through participation in the Sacraments to come into close union with God.

If you are unable to attend services, but wish to continue your Stewardship contributions, send them to PO Box 1315, Bradenton FL, 34206.

Memorial Bricks for the St. Mark Memorial Garden can be ordered at www.thatsmybrick.com/stmarkorthodox. You can order a 4"x 8" or 8"x8" brick with or without an Orthodox Cross, the number of characters varying accordingly. If you have any questions about the ordering process, see Fr. Jonathan.

St. Mark Orthodox Church

1517 57th Street E
Bradenton, FL 34208

"The Messenger"

V. Rev. Fr. Jonathan Cholcher
Rector

V. Rev. Fr. Stephen Plumlee
Attached

Sub-Deacon James Abraham

Nadya Golubov
Choir Director
Michael Winters
Assistant Director

Parish Phone: (941)-749-7662

Parish E-mail: stmarkocarector@gmail.com

Fr. Jonathan's Cell: (941)-807-5393

Office Hours: TuWF 10:00 AM – Noon

This week at St. Mark

| | | |
|--------------|---------|---|
| 18 Wednesday | 6:00 PM | Daily Vespers (Faith and Life Life Class Acts 18 following Vespers) |
| 19 Thursday | 9:30 AM | Divine Liturgy |
| 19 Thursday | 6:30 PM | Parish Council Meeting |
| 21 Saturday | 3:30 PM | Scripture Survey Course |
| 21 Saturday | 5:00 PM | Great Vespers |
| 22 Sunday | 9:30 AM | Divine Liturgy |
| 22 Sunday | | Church Picnic Following Divine Liturgy |

Adult Bible Sunday following Divine Liturgy]

Sunday, May 15, 2022

4th Sunday of Pascha Tone 3

Sunday of the Paralytic

Christ is Risen! Indeed He is Risen!

Prokeimenon Tone 1

*Let Thy mercy, O Lord, be upon us / as we have set our hope on Thee! (Ps. 32:22)
V. Rejoice in the Lord, O you righteous! Praise befits the just! (Ps. 32:1)*

Acts 9:32-42 (Epistle)

Now it came to pass, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. So all who dwelt at Lydda and Sharon saw him and turned to the Lord. At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room. And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up. Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. And it became known throughout all Joppa, and many believed on the Lord.

John 5:1-15 (Gospel)

After this there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." He answered them, "He who made me well said to me, 'Take up your bed and walk.'" Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you." The man departed and told the Jews that it was Jesus who had made him well.

ANNOUNCEMENTS

- Anyone interested in sponsoring coffee hour, please sign up on the calendar book on the glass case. Keep it simple – donuts, coffee cake, bagels, etc. IF NO ONE SIGNS UP, THERE WILL BE NO COFFEE HOUR.
- First Sunday of every month will now be a regular coffee hour. All following Sundays will be Bible Study.
- Fr. Jonathan is publishing weekly meditations on the St. Mark website (stmarkorthodox.org) Please take the time to read these.
- Please keep in mind that Liturgy is not officially over until the reading of the Post-Communion prayers. It is important that we stay respectful during the reading of these prayers by maintaining silence.
- Council has approved two Lenten projects. One is the purchase of four processional torches/candles and stands at a cost of approx. \$1370.00. The second is a camera security system which is still being priced.
- Faith and Life classes have resumed on Wednesday evenings following Daily Vespers.
- The Scripture Survey Course of 12 lessons is offered Saturdays at 3:30 PM exploring in broad outline the contents of the entire Bible, from Creation (Genesis) to the End Times (Revelation). All are welcome to participate.
- Parish Council Meeting Thursday, May 19 at 6:30 PM.

Troparion Tone 3

(Resurrection)

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Glory to the Father and to the Son and to the Holy Spirit

Kontakion Tone 3

(Pentecostarion)

By Thy divine intercession, O Lord,
as Thou didst raise up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to Thee://
"Glory to Thy power, O compassionate Christ!"

Now and ever and unto ages of ages. Amen

Kontakion Tone 8

(Pascha)

Thou didst descend into the tomb, O Immortal,
Thou didst destroy the power of death.
In victory didst Thou arise, O Christ God,
proclaiming, "Rejoice!" to the Myrrhbearing Women//
granting peace to Thine Apostles, and bestowing Resurrection on the fallen.

Troparion **Tone 4** **(St. Mark)**

From your childhood the light of truth enlightened you, O Mark
And you loved the labor of Christ the Savior
Therefore you followed Peter with zeal
And served Paul as a fellow laborer//
And you enlighten the world with your Holy Gospel

Kontakion **Tone 2** **(St. Mark)**

You did receive the grace of the Spirit from on high
Destroying the snares of the orators
You did hunt all the nations O Apostle
And led them to your Master//
O glorious Mark the preacher of the Gospel of God

Theotokion **Tone 6**

Steadfast Protectress of Christians
Constant Advocator before the Creator
Do not despise the cries of us sinners
But in your goodness come speedily to help us who call on you in faith
Hasten to hear our petitions and to intercede for us, O Theotokos//
For you always protect those who honor you!