

To Our Guests and Visitors about Receiving Holy Communion:

1. In Orthodox churches, Holy Communion is given to and received only by members of the Orthodox Church (the baptized and chrismated who strive to live in repentance, faith, and godliness).
2. One must properly prepare to receive Communion, and there are negative consequences for improper reception. Also, the Priest administering Communion is responsible for the well-being of those receiving Holy Communion (see 1 Cor. 4:1-2; 11:27-32; Heb. 13:17).
3. *If you are non-Orthodox*, please speak with Fr. Jonathan after Liturgy without approaching the Chalice. *If you are Orthodox*, please introduce yourself to Fr. Jonathan, if possible, prior to the Liturgy, otherwise, at the Chalice.

Prayers of Holy Oblation are offered for the Health of:

Archprst. Stephen	Archprst. Elias	Mat. Marion	Archprst. John	Irene
Laurie	Rose	Barbara	Tanya	Diane
Kevin	Nicole & Noelle	Athanasios	Mary Patricia	Frances
Vladimir	Paisley	Sunnie	Eli	Adam
Elise	Kim	Laura	Robert	Joshua
Darla	Mark	Gary	Constance	Nick
Monica & Son	Nina			

Prayers of Holy Oblation are offered in Memory of:

Archprst. Daniel Ludmilla

March Birthdays:

Michael Blazo (3/6)	Willard Brown (3/9)	Darice Rickes (3/19)
Marina Proskurina (2/20)	Carol Skinner (3/28)	Sue Brown (3/29)

TO SPONSOR COFFEE HOUR, please sign up on the calendar book on the glass case. Keep it simple – donuts, coffee cake, bagels, etc. IF NO ONE SIGNS UP, THERE WILL BE NO COFFEE HOUR.

St. Mark is a Parish of the OCA Diocese of the South under the leadership of Metropolitan Tikhon and Archbishop Alexander. Our mission is to be a spiritual home to all who enter; to be a Christ-like community of Orthodox Christians; to be active in worship, fellowship, and witness, through participation in the Sacraments to come into close union with God.

If you are unable to attend services, but wish to continue your Stewardship contributions, send them to PO Box 1315, Bradenton FL, 34206.

Memorial Bricks for the St. Mark Memorial Garden can be ordered at www.thatsmybrick.com/stmarkorthodox. You can order a 4"x 8" or 8"x8" brick with or without an Orthodox Cross, the number of characters vary accordingly. If you have any questions about the ordering process, see Fr. Jonathan.

St. Mark Orthodox Church

1517 57th Street E
Bradenton, FL 34208

"The Messenger"

V. Rev. Fr. Jonathan Cholcher
Rector

V. Rev. Fr. Stephen Plumlee
Attached

Rev. Fr. Nicholas Roth
Attached

Sub-Deacon James Abraham

Nadya Golubov
Choir Director
Michael Winters
Assistant Director

Parish Phone: (941)-749-7662
Parish E-mail: stmarkocarector@gmail.com
Fr. Jonathan's Cell: (941)-807-5393
Office Hours: W, Th, F 10:00 AM – Noon

This week at St. Mark

21	Tuesday	6:30 PM	Choir Practice
22	Wednesday	6:00 PM	Presanctified Liturgy/Lenten Meal/Faith & Life Class
24	Friday	9:30 AM	Presanctified Liturgy
25	Saturday	8:15 AM	Matins of Annunciation
25	Saturday	9:30 AM	Divine Liturgy (Feast of the Annunciation)
25	Saturday	3:30 AM	Intro to Orthodoxy
25	Saturday	5:00 PM	Great Vespers
26	Sunday	9:30 AM	Divine Liturgy

Sunday, March 19, 2023

Tone 7

**Veneration of the Cross
3rd Sunday of Great Lent**

Prokeimenon Tone 6 (Cross)

O Lord, save Thy people, / and bless Thine inheritance! (Ps. 27:9a)

V. To Thee, O Lord, will I call. O my God, be not silent to me! (Ps. 27:1a)

Hebrews 4:14-5:6 (Epistle)

Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was. So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My Son, today I have begotten You." As He also says in another place: "You are a priest forever according to the order of Melchizedek";

Mark 8:34-9:1 (Gospel)

When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

ANNOUNCEMENTS

- Fr. Jonathan is publishing weekly meditations on the St. Mark website (stmarkorthodox.org). Please take some time to read them.
- Please keep in mind that Liturgy is not officially over until the reading of the Post-Communion prayers. It is important that we stay respectful during the reading of these prayers by maintaining silence.
- During Lent beginning Wednesday, March 8, the Faith and Life Class will continue to meet after the Presanctified Liturgy studying 1 Corinthians. Each Wednesday we will also share a Lenten supper during the Class. All are welcome to stay for the fellowship and discussion.
- March's Charity – money to help defray cost of Youth Summer Camp.
- St. Mark will be contributing \$100.00 per month for two years to the clergy of Alaska to help support them as the average salary is only \$7,000.00. If you wish to contribute additional funds, feel free to do so.
- As of July 1, 2023, we will discontinue donations via PayPal as there is a service charge that decreases the donation. We are looking for an alternative method of payment.
- Parish Council has opted to discontinue yard sales. Please do not bring any items to the Church. Those items already in our storage sheds will be donated to local charities.
- Three Lenten Projects have been approved. Two (Litya Tray and Theophany Holy Water font) have donors. The third is sealing and striping the parking lot. The lowest bid for this project was just under \$7,000.00. If you wish to contribute, write "Lenten Project" in the "memo" line of your check or for cash donations simply write "Lenten Project" on the envelope.
- The Men's group will meet Thursday, March 30 at 6:30 PM at the home of Michael Kulisz.
- Choir Practice for Holy Week/Pascha will begin on Tuesday, March 21 at 6:30. Those wishing to sing are encouraged to attend.
- St. Mark's Myrrhbearers met for the first time this past Tuesday evening comprised of an initial gathering of nine ladies. The Myrrhbearers is a group of our women of all ages organized for care and service within the Parish. The Myrrhbearers will meet on the 1st Sunday of the month following Divine Liturgy (next meeting, April 2). All ladies are invited to attend and participate.

Troparion Tone 7 (Resurrection)

By Thy Cross Thou didst destroy death.
To the thief Thou didst open Paradise.
For the Myrrhbearers Thou didst change weeping into joy,
and Thou didst command Thy disciples, O Christ God,
to proclaim that Thou art risen,//
granting the world great mercy.

Troparion Tone 1 (Cross)

O Lord, save Thy people,
and bless Thine inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by virtue of Thy Cross,//
preserve Thy habitation!

Glory to the Father and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Kontakion Tone 8 (Cross)

Now the flaming sword no longer guards the gates of Eden;
it has been mysteriously quenched by the wood of the Cross.
The sting of death and the victory of hell have been vanquished;
for Thou, O my Savior, hast come and cried to those in hell://
“Enter again into Paradise!”

Troparion Tone 4 (St. Mark)

From your childhood the light of truth enlightened you, O Mark
And you loved the labor of Christ the Savior
Therefore you followed Peter with zeal
And served Paul as a fellow laborer//
And you enlighten the world with your Holy Gospel

Kontakion Tone 2 (St. Mark)

You did receive the grace of the Spirit from on high
Destroying the snares of the orators
You did hunt all the nations O Apostle
And led them to your Master//
O glorious Mark the preacher of the Gospel of God

Theotokion Tone 6

Steadfast Protectress of Christians
Constant Advocate before the Creator
Do not despise the cries of us sinners
But in your goodness come speedily to help us who call on you in faith
Hasten to hear our petitions and to intercede for us, O Theotokos//
For you always protect those who honor you!