

To Our Guests and Visitors about Receiving Holy Communion:

1. **In Orthodox churches, Holy Communion is given to and received only by members of the Orthodox Church (the baptized and chrismated who strive to live in repentance, faith, and godliness).**
2. **One must properly prepare to receive Communion, and there are negative consequences for improper reception. Also, the Priest administering Communion is responsible for the well-being of those receiving Holy Communion (see 1 Cor. 4:1-2; 11:27-32; Heb. 13:17).**
3. **If you are non-Orthodox, please speak with Fr. Jonathan after Liturgy without approaching the Chalice. If you are Orthodox, please introduce yourself to Fr. Jonathan, if possible, prior to the Liturgy, otherwise, at the Chalice.**

Prayers of Holy Oblation are offered for the Health of:

Archprst. Stephen	Archprst. Elias	Mat. Marion	Irene	Laurie
Rose	Barbara	Tanya	Diane	Kevin
Nicole&Noelle	Athanasios	Mary Patricia	Frances	Vladimir
Paisley	Willard	Sunnie	Eli	Adam
Elise	Kim	Laura	Danny	

Prayers of Holy Oblation are offered in Memory of:

Gregory James

January Birthdays

Heike Cordero (1/8)	Abigail Insley (1/16)	Robert Serko (1/25)
Galina Tschurain (1/28)	Angela Orras (1/29)	Chris Traycoff (1/31)

TO SPONSOR COFFEE HOUR, please sign up on the calendar book on the glass case. Keep it simple – donuts, coffee cake, bagels, etc. IF NO ONE SIGNS UP, THERE WILL BE NO COFFEE HOUR.

St. Mark is a Parish of the OCA Diocese of the South under the leadership of Metropolitan Tikhon and Archbishop Alexander. Our mission is to be a spiritual home to all who enter; to be a Christ-like community of Orthodox Christians; to be active in worship, fellowship, and witness, through participation in the Sacraments to come into close union with God.

If you are unable to attend services, but wish to continue your Stewardship contributions, send them to PO Box 1315, Bradenton FL, 34206.

Memorial Bricks for the St. Mark Memorial Garden can be ordered at www.thatsmybrick.com/stmarkorthodox. You can order a 4"x 8" or 8"x8" brick with or without an Orthodox Cross, the number of characters varying accordingly. If you have any questions about the ordering process, see Fr. Jonathan.

St. Mark Orthodox Church

1517 57th Street E
Bradenton, FL 34208

"The Messenger"

V. Rev. Fr. Jonathan Cholcher
Rector

V. Rev. Fr. Stephen Plumlee
Attached

Rev. Fr. Nicholas Roth
Attached

Sub-Deacon James Abraham

Nadya Golubov
Choir Director
Michael Winters
Assistant Director

Parish Phone: (941)-749-7662
Parish E-mail: stmarkocarector@gmail.com
Fr. Jonathan's Cell: (941)-807-5393
Office Hours: W, Th, F 10:00 AM – Noon

This week at St. Mark

14 Saturday	5:00 PM	Great Vespers
15 Sunday	9:30 AM	Divine Liturgy

Adult Bible Study Sunday following Divine Liturgy.

Sunday, January 8, 2023

30th Sunday After Pentecost Tone 5

Sunday After Theophany

Ven. George the Chozebite

Prokeimenon Tone 1 (Sunday After)

*Let Thy mercy, O Lord, be upon us / as we have set our hope on Thee! (Ps. 32:22)
V. Rejoice in the Lord, O you righteous! Praise befits the just! (Ps. 32:1)*

Ephesians 4:7-13 (Epistle, Sunday After)

But to each one of us grace was given according to the measure of Christ's gift. Therefore He says: "When He ascended on high, He led captivity captive, and gave gifts to men." (Now this, "He ascended" – what does it mean but that He also first descended into the lower parts of the earth? He who descended is also the One who ascended far above all the heavens, that He might fill all things.) And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;

Matthew 4:12-17 (Gospel, Sunday After)

Now when Jesus heard that John had been put in prison, He departed to Galilee. And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali, that it might be fulfilled which was spoken by Isaiah the prophet, saying: "The land of Zebulun and the land of Naphtali, by the way of the sea, beyond the Jordan, Galilee of the Gentiles: The people who sat in darkness have seen a great light, and upon those who sat in the region and shadow of death Light has dawned." From that time Jesus began to preach and to say, "Repent, for the kingdom of heaven is at hand."

ANNOUNCEMENTS

- Fr. Jonathan is publishing weekly meditations on the St. Mark website (stmarkorthodox.org). Please take some time to read them.
- Please keep in mind that Liturgy is not officially over until the reading of the Post-Communion prayers. It is important that we stay respectful during the reading of these prayers by maintaining silence.
- Faith and Life classes will be studying Epistles of St. Paul. Classes are held Wednesdays following Daily Vespers.
- January's charity is Sts. Mary and Martha Monastery in South Carolina.
- St. Mark will be contributing \$100.00 per month for two years to the clergy of Alaska to help support them as the average salary is only \$7,000.00. If you wish to contribute additional funds, feel free to do so.
- Father Jonathan will be blessing homes. Sign up sheets are posted in the Narthex. Please sign up if you would like your home blessed.
- William Bortins will be married at St. Nicholas Antiochian Orthodox Church in Pinellas Park at 3:00 PM on Sunday, February 12. Anyone wishing to sing is asked to sign up at the Reader's Stand. Practices will begin this Sunday following Divine Liturgy and will continue every Sunday until the wedding date.

Troparion Tone 5 (Resurrection)

Let us, the faithful, praise and worship the Word, co-eternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead// by His glorious Resurrection.

Troparion Tone 1 (Feast)

When Thou, O Lord, wast baptized in the Jordan, the worship of the Trinity was made manifest. For the voice of the Father bore witness to Thee, and called Thee His beloved Son; and the Spirit in the form of a dove confirmed the truthfulness of His word. O Christ our God, Who hast revealed Thyself// and hast enlightened the world, glory to Thee.

Troparion Tone 4 (St. Mark)

From your childhood the light of truth enlightened you, O Mark And you loved the labor of Christ the Savior Therefore you followed Peter with zeal And served Paul as a fellow laborer// And you enlighten the world with your Holy Gospel

Kontakion Tone 5 (Resurrection)

Thou didst descend into hell, O my Savior, shattering its gates as Almighty, resurrecting the dead as Creator, and destroying the sting of death. Thou hast delivered Adam from the curse, O Lover of man,// and we cry to Thee: "O Lord, save us!"

Glory to the Father and to the Son, and to the Holy Spirit

Kontakion Tone 4 (St. George)

Thou hast appeared as a brilliant light and hast illumined with divine rays those who cry to thee, O George. Pray for us to Christ the Master, Who appeared in the waters// to illumine those born on earth!

Now and ever and unto ages of ages. Amen.

Kontakion Tone 4 (Feast)

Today Thou hast shone forth to the world, O Lord, and the light of Thy countenance has been marked on us. Knowing Thee, we sing Thy praises: "Thou hast come and revealed Thyself// O unapproachable Light."

Troparion **Tone 4** **(St. Mark)**

From your childhood the light of truth enlightened you, O Mark
And you loved the labor of Christ the Savior
Therefore you followed Peter with zeal
And served Paul as a fellow laborer//
And you enlighten the world with your Holy Gospel

Kontakion **Tone 2** **(St. Mark)**

You did receive the grace of the Spirit from on high
Destroying the snares of the orators
You did hunt all the nations O Apostle
And led them to your Master//
O glorious Mark the preacher of the Gospel of God

Theotokion **Tone 6**

Steadfast Protectress of Christians
Constant Advocate before the Creator
Do not despise the cries of us sinners
But in your goodness come speedily to help us who call on you in faith
Hasten to hear our petitions and to intercede for us, O Theotokos//
For you always protect those who honor you!